

## Nagoya Homestay Volunteer Center

# Things to Keep in Mind during Your Homestay

1. The objective of our homestay program is not to offer inexpensive accommodation, but to give you an opportunity to experience Japanese culture and lifestyle through exchange with your host family, to let both you and your host family deepen their understanding of different cultures and customs, and to be aware of the importance of respecting differences and diversity. You are highly encouraged to not only deepen your understanding of Japanese culture and customs through actively interacting with your host family, but to also try to introduce your own cultures and customs to your host family during the homestay. Your host family looks forward to spending the time with you.
2. You are staying with your host family as a member of the family. Please follow their house rules during your stay.
3. You must pay your own expenses such as transportation costs, admission fees to the attractions, your meal when you eat out with your host family, long distance and overseas phone calls and souvenirs for yourself/your friends/your family.
4. Please bring some extra clothes, pajamas, items for personal hygiene including some hand-towels. If you have chronic disease or allergy, bring medicine with you. You will be responsible for the full cost of any medical expenses; your host family and the host organization will not pay the expenses for you.
5. You should comply with the laws of Japan during the homestay. The Japanese law forbids drinking alcohol and smoking by person under the age of 20.
6. Every time before going out by yourself, please let your host family know what time you will return and whether you require dinner or not. DO NOT make a last minute telephone call to change your dinner arrangement in the late afternoon/evening. DO NOT miss your curfew which means a regulation requiring you to go home by a certain time if you have it.
7. If you stay for longer than two weeks, inform your host family of your weekend's plans every week.
8. DO NOT give your host family's private address or phone number to any other people without their consent.
9. If you have a problem during homestay, please ask your host family first. If you feel hesitant to talk to them, talk to your host organization or your leader. You should not have to worry about your problem alone.